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U3A Program

Term 1, 2021

Term 1, 2021:	9 March – 14 May
Term 2, 2021:	15 June – 20 August
Term 3, 2021:	20 September – 26 November

Register for term 1

by Wednesday 24 February

Registration and Booking forms on last pages

If you are unable to post payment, you can register/book in person on Wednesday 24 February at the Life Centre, 8 Mary St from 10 am -12 noon (when hard copies of the current program may, if necessary, also be collected).

U3A Cygnet wish to thank Nic Street, MHA for Franklin, for his generous support in printing this Program.

University of the Third Age, Cygnet Inc.

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Registration and Booking form on last pages

Please note these changes to our program since term 1 2020

- We’re back!
- Because Covid forced us to suspend our activities for most of last year, members who paid \$45 membership in 2020 will not be asked to pay for 2021 – **but you still need to register.**
- All our activities are based around current Covid restrictions (1.5m personal distancing, 2 square metres per person). [We monitor this closely on the government website](#) and will let you know if anything changes.
- Some of the venues we use or visit have their own Covid restriction procedures – please arrive early to allow time for these.

Classes are held at:

- [Community Health Centre, 1 Frederick Street Cygnet](#)
- [Christian Life Centre, 8 Mary Street Cygnet](#)

(these links go to Google Maps)

Program at a Glance

A Smorgasbord of Talks	Wednesdays	10.00 – 12.00	Life Centre, weekly
Art – Continuers *	Wednesdays	2.00 – 4.00	Health Centre, room 4, weekly
Book Club *	Last Monday of the month	1.30 - 4.00	Health Centre, room 4, all year
Family History *	Last Thursday of the month, Jan-Nov	1.30 – 4.00	Venue varies - contact June on 0407 187 300
Garden & Gourmet	Thursdays	10.00 – 12.00	Various locations – see page 8 for details
Men’s Forum *	2 nd Sunday of the month except Christmas break	2.00 – 4-ish	David Fletcher’s house, Garden Island Creek
Play Reading *	Tuesdays	1.30 – 4.00	Health Centre, room 4, weekly
Writers Group A – Skills *	Tuesdays	10.00 – 12.00	Health Centre, room 4, weekly
Writers Group B – Discussion and support *	Last Friday of the month	10.00 – 12.00	Life Centre
*Booking essential for these groups			

Committee

Name	Position	Phone	Email
Elaine Reeves	Chairperson	6295 1870	elaine.reeves@antmail.com.au
Glenn Sanders	Secretary, Technology	0428 444 812	sandersinfo@gmail.com
June Cunningham	Treasurer, Membership, Public Officer	0407 187 300	junecunningham@gmail.com
Catriona Fletcher	Catering	6297 8240	dbcefletcher@gmail.com
Lyn Glover	General committee	0477 550 171	zumaglover136@gmail.com
David Sands	Special operations	6295 0518	dsa12295@bigpond.net.au
Judi Timm	Publicity, Events	6297 8239	hayjudetimm@gmail.com

1. Introduction

Welcome to our program for term 1, 2021.

Our principles

U3A Cygnet is a co-operative learning community (that's *the university*) for retired and semi-retired people (that's the *third age*), run by volunteers on a non-profit basis. We aim to encourage the pursuit of learning and the opportunity to acquire new skills and experiences in an informal and friendly atmosphere. There are no entry qualifications, assessments or awards.

Communications

This Program is the main way we tell people what's in our educational and social program for the coming months. We publish it three times a year. Download it from our [website](#), where you can also download our constitution, registration forms and other membership information. If necessary we can provide hardcopy of any of these items.

We also publish an email newsletter to keep members up to date with news, items of interest, and forthcoming events, plus any last-minute changes to the Program.

New members

If you'd like to join U3A Cygnet, please fill out the registration form at the end of this Program, or if you wish to come to a few sessions as a guest while you sound us out, contact our Membership Secretary (details on the front page of this Program).

Questions, suggestions, comments

Whether you are a member or not, we'd love to hear from you! Feel free to use any of the contact details on the front page of this Program, or on our [website](#).

***ALL MEMBERS need to register at the beginning of each year,
with your contact details.***

***If you paid last year, you do not have to pay this year
(but you still MUST register!)***

Do I need to book my place for a particular course? - please read carefully!

- **Art Continuers, Book Club, Family History, Men's Forum, Play Reading, Writers Group:**
 - These courses have limited numbers. **Please book on the form**
 - **If you attended in 2020 and wish to continue, you will need to re-book for this year.**
 - **If you wish to attend for the first time, you will need to book.**
 - If a course fills and we aren't able to offer you a place, we will let you know and will put you on a waiting list.
- **Special events** where there is a pre-paid fee and/or limited numbers – **please book on the form**
- **For courses without limits on numbers:** you do not need to book - any member is welcome to attend, and you don't need to attend every session.

Please return your forms by Wednesday 24 February– earlier helps us!

**If you are unable to mail your registration, you can register in person on Wednesday 24 February
at the Life Centre, 8 Mary St from 10 am -12 noon**

2. A Smorgasbord of Talks

What	A series of interesting, stimulating talks on a wide variety of topics, with plenty of opportunity to discuss and ask questions
When	10.00 – 12.00 Wednesdays, weekly
Where	Life Centre, 8 Mary St, next to the bottom supermarket (Delicatessen) (carpark at rear)
Convener	Mary-Kate Pickett 0408 160 700

10 March	<p>Tasmania's vanishing towns - Michael Holmes</p> <p>Based on his best-selling books <i>Vanishing Towns: Tasmania's Ghost Towns and Settlements</i>, and <i>Tasmania's Vanishing Towns: Not What They Used To Be</i>, Hobart based historian Michael Holmes will be taking us on a fascinating virtual journey through the South and South East, describing and showing images of communities which have either vanished or are vanishing.</p>
17 March	<p>Pulsars – Jim Palfreyman</p> <p>For fifty years astronomers have been trying to catch a glitch in a pulsar live with a large radio telescope. This was recently achieved for the very first time, here in Tasmania at the Mt Pleasant Radio Telescope near Cambridge. What is a pulsar? What is a glitch? Why do we care? Come along and find out about the internal workings of neutron stars! (Suitable for audiences at all levels.)</p>
24 March	<p>Chile to South Africa on a three-masted barque - Rod MacFarlan</p> <p>The Europa is an iron-hulled three-masted barque built in 1911. In 2016 I spent two months on board traveling from Chile to South Africa. On the way we visited Antarctica, South Georgia, and Tristan Da Cunha. This talk is about the ship, the places, and the experience. If I have time, I will also talk a little about a very different sailing trip to Cuba and the Western Caribbean.</p>
31 March	<p>North American Indians – Judi Timm</p> <p>North American Indians were the First Nation People living on the continent since 12,000 BC. This is a historical journey about their beliefs in the Great Spirit, "Wakan Tanka" and how their respect for the land and all that roamed on it was always first in their hearts. Only when the white man arrived did their world change forever.</p>
7 April	No session – Easter week
14 April	<p>Johann Sebastian Bach – June Cunningham</p> <p>Nearly 300 years after his death, Bach is still the gold standard in classical music. His sacred and secular works for choir, orchestra and keyboard showed technical mastery and drew together most strands of Baroque style. He composed an astonishing 1128 pieces, covering every musical category of his time except opera. But in his life-time he struggled for public recognition, and his music was only rescued from oblivion by Felix Mendelssohn nearly a century later. We'll watch a short BBC documentary then listen to a selection of works to illustrate the wide range of his wonderful music.</p>
Smorgasbord continues on the next page . . .	

21 April	<p>Eating for earth – Elaine Reeves</p> <p>What should we eat in a changing climate for the greater, and our own, good? Veganism, organics, eating what grows locally, industrialised agriculture and fake meat have all put their hand up as flag bearers for our food future. Elaine posits that the answer is none of the above. Epicure Brillat-Savarin once said: We are what we eat. We can refine that now to: We are what our food eats (and that includes vegans). What can a retired person in the Huon Valley do to right things? (PS This is not a talk on dietary advice for older bodies)</p>
28 April	<p>Let the brass bands play – David Sands</p> <p>Brass bands generally consist entirely of brass instruments, most often with percussion. They have a long tradition of competition, often based around local industry and communities. In the 1930s there were around 20,000 bands in the U.K. British-style brass bands are widespread throughout Britain and Northern Ireland, Australia, NZ, Norway, continental Europe and North America. Annual competitions in these countries select champion bands at various levels of musical competence. We will look briefly at their social history; admire the various instruments and the part they play; and listen to inspirational playing by bands from a variety of countries. If you are not an aficionado of brass bands by the end of the session, then I have failed!</p>
5 May	<p>Florence and the Renaissance - Julia Hammond</p> <p>Florence – the centre of the Renaissance, the centre of the re-birth of our Western cultural heritage. It has been home to some of Italy’s most celebrated figures; the Medici, Dante, Michelangelo, Machiavelli. We will look at its world famous buildings, the Cathedral, the Baptistry and of course the magnificent Uffizi art gallery and Pitti Palace.</p>
12 May	<p>Bird Flight – Bob Wills</p> <p>An amateur’s look at birds and flight, where I hope to reinvigorate (if you ever lost it) your love of observing birds and their flight, using pictures and film clips. Starting from Otto Lilienthal’s book <i>Birdflight as the basis of aviation</i>, through bird physiology to all the various types of bird wings and flight characteristics, whilst drawing comparisons to human aviation.</p>
Note:	<p>All members: even if you can’t get to Bob’s talk, come along to our end of term lunch following this last talk – bring a plate!</p>

3. Art - Continuers

What	<p>This is a self-tutored group.</p> <p>Art can be a solitary hobby, and often frustrating. This group is an opportunity to socialize, learn and share experiences with other potential artists in an informal setting. It is not restricted to any type of art but includes painting mediums such as watercolours, acrylics and pastel. It is designed to provide a space for those who are past the beginner’s stage. Covid limits places to nine members at this stage, others will have to go on a waiting list.</p>
When	Wednesdays, weekly
Where	Community Health Centre, 1 Frederick Street, room 4 (allow time to register using the Centre’s Covid restrictions procedure)
Note:	Places are limited: please book using the form at the back of this program

4. Book Club

What	Book Club has adapted to the challenges presented by Covid in 2020. So we have changed from being a thematic-based reading group to a free range book club. Each month we will discuss the books we are currently reading. There are a few exceptions, as some members wished to pursue themes, so we will be looking at books with themes connected to Libraries, History, Biography, Female Explorers and Pioneers, and Adventure. Covid limits places to nine members at this stage, others will have to go on a waiting list.
When	1.30 pm on the last Monday of every month (no stopping for term breaks)
Where	Community Health Centre, 1 Frederick Street, room 4 (allow time to register using the Centre's Covid restrictions procedure)
Convener	Lyn Glover, 0477 550 171
Note:	Places are limited: please book using the form at the back of this program

5. Family History

What	A small group of genealogy tragnics meet to share experiences, discuss techniques and generally learn from each other. This is an interest group, not a course, and is intended for more experienced genealogists. If you are new to the field, we can provide pointers on how best to start.
When	Last Thursday of each month. 1.30 -4.00pm
Where	Venue varies - contact June for details
Convener	June Cunningham 0407 187 300
Note:	Places are limited: please book using the form at the back of this program

6. Garden & Gourmet

What	Visits, talks and workshops on gardens and food, with plenty of opportunity of look, discuss and ask
When	10am to noon Thursdays, weekly
Where	See below, and the links to Google Maps, for each session
Convener	Elaine Reeves, 0427 172 179
Please note:	<ul style="list-style-type: none"> • The more popular this program becomes, the more difficult it is to find gardens with sufficient parking space. Please share rides as much as you can. If people have different commitments after a garden visit, perhaps arrange to at least meet friends at the nearest public car park and share just from there. • Use your own discretion if weather is bad. On the day, we have no means of letting everyone know if an event is cancelled. In the main, we are a hardy bunch and nothing stops us. • Bring a mug, except for Inverawe garden. • Please call Elaine if you can contribute to morning teas.

11 March	<p>Cannery Farm, Gardners Bay</p> <p>Port Cygnet Cannery has been running terrific vegetable-only dinners, for which everything comes from their own farm. Farm manager Phil O'Donnell will show us the permaculture garden designed by Hannah Moloney. Starting in winter 2019, 100 trees were planted, including stonefruit, lemons, nuts, figs and avocados. There are six garden beds of 15 rows each. One is devoted to asparagus and another to berries, and the rest vegetables. There are chooks and a gathering spaces for events and workshops.</p> <p>Address: 2 Coal Mine Road, Gardners Bay (corner with Woodbridge Hill Road). Parking is limited, please share your rides.</p> <p>U3A facilitator Elaine Reeves</p>
18 March	<p>Gardens of Lucindale, Lucaston</p> <p>This is the garden MJ dreamed of owning when she moved in five years ago, having relocated from WA. The previous owners restored the 1907 house and spent 10 years creating a three-acre "English" country garden around 60-year-old poplars. They built a spring-fed lake (now visited each evening by a platypus) and three tiers of garden down to it from the house. There are many spring bulbs, but for our visit the 36 maple trees and poplars will be the focus.</p> <p>Address: 320 Bakers Creek Road, Lucaston. When Lucaston Road forks, take the left fork into Bakers Creek Road. Property is on the right up a little lane. Parking in front of the house. Car pooling appreciated.</p> <p>U3A facilitator Wendy Barker</p>
<i>Garden & Gourmet continues on the next page . . .</i>	

25 March	<p>Di Lindsay's Garden, Deep Bay</p> <p>Di describes herself as a great experimenter. Her vegetable garden in particular is set up for the ease of older gardeners. She has extensive knowledge of potting house plants and growing and maintaining maidenhair ferns, which she is willing to share. She has herbs throughout the garden and an African violet collection. Di and her husband moved from Margaret River, WA to their new home 10 years ago.</p> <p>Address: 3 Chuter St, Deep Bay</p> <p>U3A facilitator Elaine Reeves</p>
April 1	<p>Riley Garden, Geeveston</p> <p>John and Anne Riley moved to this address 11 years ago, when their garden was a “bare knob on the hill”. Everything in the garden has been planted by them. Trees are big enough now to provide shade. John has created two ponds and waterfalls and a small creek and there are metal sculptures by him throughout the garden.</p> <p>Address: 30 Mckibbens Road, Geeveston. Off Kermantie River Road. Park in Geeveston Golf Course, right next door to No. 30.</p> <p>U3A facilitator Elaine Reeves</p>
8 April	<p>Easter Week, no garden visit</p>
15 April	<p>Short garden, Franklin</p> <p>Trudy and Adrian Short bought their very flat property 19 years ago and began to clear the blackberries. You can no longer take in all the garden in one glance, instead paths wind through different rooms. Many birds are attracted to the native trees. There are ferns, and just last November, a dam was incorporated into the garden. Fruit trees and elderberries are dotted throughout the garden rather than all being in an orchard.</p> <p>Address: 64 Chittys Rd Franklin. Go beyond the main part of Franklin and turn right into Braeside Rd. After 850m turn right into Chittys Rd. No 64 is on the right.</p> <p>U3A facilitator Sue Howard</p>
22 April	<p>Wren Cottage, Judbury</p> <p>You may remember Ulla Knox-Little selling proteas and hardy Australian native flowers at Cygnet Market from her Kettering flower farm. The farm is sold now, and in September 2019, Ulla and friends began gardening at her new home. It used be a show garden people would drive from Hobart to see, but had not been looked after for 20 years. Ulla began by pulling out very old bushes and a photinia hedge that had not been attended to for 20 years, and reinstating dry stone walls. Now it is established again with her favourite flowers.</p> <p>Address: 64 Judds Creek Road, Judbury. Parking is in block diagonally opposite the cottage. Please share rides.</p> <p>U3A facilitator Elaine Reeves</p>
<p><i>Garden & Gourmet continues on the next page . . .</i></p>	

29 April	<p>Silkies Garden, Kettering</p> <p>When Florence Silkies moved into this home three years ago the garden was a mess of agapanthus, cotoneaster, blackberry and bracken fern. After clearing, Catherine Shields from Alchemy did a landscape plan for a wall garden and Alistair Houston made sandstone walls with stone from the footings of an old city pub. Florence designed the rest of the garden, including the pond, herself. The garden is on tank water, but 20 roses were lost at one time due to too much water.</p> <p>Address: 54 Ferry Road, Kettering</p> <p>U3A facilitator Jan Marciano</p>
6 May	<p>Inverawe, Margate</p> <p>Bill and Margaret Chestnut moved to Tasmania about 20 years ago and have since created Tasmania's largest landscaped native garden. They have planted over 12,500 natives attracting at least 110 species of birdlife. We will see banksia, grevillea, correa, paper daisy, kangaroo paw and many others.</p> <p>Entry fee of \$12 (to be paid on the day) includes tea/coffee and biscuits.</p> <p>Address: 1565 Channel Highway, Margate, (at the front of the train). Street parking available.</p> <p>U3A facilitator Wendy Baker</p>
13 May	<p>Harvest Festival, Cradoc</p> <p>This will be our get-together for the term. Elaine Reeves will give a talk on the history of food preserving from salting to snap freezing, and we will all bring a plate of food to share. Also bring preserves, seedlings, cuttings, flowers and fruit for the swap table.</p> <p>Address: Cradoc Community Venue, 8243 Channel Hwy, Cradoc.</p> <p>U3A facilitator Helen Shevels</p>

7. Men's Forum

What	The Men's forum meets to socialize and discuss topics of interest, relevance or concern.
When	2.00 – 4.00, second Sunday of each month except during the Christmas break
Where	David Fletcher's house, Garden Island Creek
Convener	David Fletcher, 6297 8240
Note:	Places are limited: please book using the form at the back of this program

8. Play Reading

What	Drama, Comedy, Mystery, Crime – we do it all! Come to the U3A Cygnet Play Reading group and spend a couple of hours experiencing the joys and sorrows of other lives, lived in other places and at other times. You don't have to have great acting skills – just be able to read, enjoy being entertained and love laughing. Beginners welcome. Covid limits places to nine members at this stage, others will have to go on a waiting list.
When	Tuesdays, 1.30 pm-4.00 pm, weekly
Where	Community Health Centre, 1 Frederick Street, room 4 (allow time to register using the Centre's Covid restrictions procedure)
Convener	Catriona Fletcher 6297 8240, or Judi Timm 6297 8239
Note:	Places are limited: please book using the form at the back of this program

9. Writers' Group

What	<p>There are two writers' groups (A and B in each section below)</p> <p>Group A - Skills: Weekly on Tuesdays: do you want to tell a story? Fiction, non-fiction, life stories, travel, historical, journal, cooking – whatever it is, join in with like-minded people and develop writing skills at the same time. Everyone is a beginner so don't hold back. Covid limits places to nine members at this stage, others will have to go on a waiting list.</p> <p>Group B - Discussion and support: Last Friday of the Month: this session is open to all members, not just Tuesdays' participants, so that aspirant writers can exchange written work and receive constructive, encouraging critiques from fellow members.</p>
When	<p>A: 10.00 -12.00 on Tuesdays</p> <p>B: 10.00 -12.30 on the last Friday of each month, starting on Friday 26 February</p>
Where	<p>A: Community Health Centre, 1 Frederick Street, room 4 (allow time to register using the Centre's Covid restrictions procedure).</p> <p>B: Front Room: Christian Life Centre, 8 Mary Street</p>
Conveners	David Sands (0408 640 363), assisted by Paddy Riley
Note:	Places are limited in both groups: please book using the form at the back of this program



U3A CYGNET MEMBERSHIP APPLICATION & BOOKING FORMS: 2021 Term 1

DATE:

Title:	First Name:	Last Name:
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There are 3 sections below:

Section 1: Contact details – All members and new members please complete in full

Section 2: Booking form - * For courses with limited numbers:

Art continuers, Book club, Play-reading, Men's Forum & Family history, Writers'
* and for social events

Section 3: Payment form – For fee payments & payments for pre-paid events

SECTION 1- CONTACT DETAILS- ALL MEMBERS PLEASE COMPLETE THIS SECTION

Street Address:

Suburb:

Postcode:

Phone:

Mobile:

Email:

(Please print clearly)

Post Box address:

We will be delivering programs by email if you have an email address. If you are unable to print out a copy of the program, hard copies will be available at Registration day, as well as from the Cygnet Community Health Centre in the reception area, and the Hub (office in Town Hall)

PRIVACY

From time to time photographs of club activities will appear in the media or on Facebook or our website to publicise U3A Cygnet. If you do not give permission for your image to be so used, please indicate below.

I DO NOT give permission for my image to be used in U3A Cygnet publicity.

The information provided above is used for U3A Cygnet administrative purposes only. No information is given to any third party outside U3A Cygnet. If, in addition, you do not want your details shared with members other than the Committee and Program coordinators, please indicate below.

I DO NOT give permission for my personal details to be shared with any member other than the U3A Cygnet Committee and program coordinators

Are you a new member? Where did you hear about U3A Cygnet?

Please also complete sections on next page

SECTION 2 - BOOKING FORM FOR COURSES & SOCIAL EVENTS - TERM 1, 2021

<u>Title:</u>	<u>First Name:</u>	<u>Last Name:</u>
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Please note – we now only ask you to book below for those courses and events where numbers are limited.
 Please act as soon as possible, not wait for the final date. Once courses fill, we will keep waiting lists.
 We ask that you nominate for a course with limited numbers ONLY IF you can commit to attending regularly, as others may be waiting for a vacancy.

For courses without limits – (Smorgasbord, Garden & Gourmet) you do not need to book here (although you still need to complete and send us the contacts page above)

- any member is welcome to attend these courses, and you don't need to attend every session.

A. BOOKING REQUEST FOR COURSES WITH LIMITED NUMBERS

WE WILL LET YOU KNOW IF WE ARE UNABLE TO OFFER YOU A PLACE, and will put you on a waiting list.

Art - Continuers	<input type="checkbox"/>	Wednesday	2.00 pm – 4.00 pm	Weekly, Health Centre 1 Frederick St
Book Club	<input type="checkbox"/>	Last Mon. of month	1.30 pm – 4 pm	Monthly all year, Health Centre 1 Frederick St
Family History	<input type="checkbox"/>	Last Thurs. of month	1.30 pm – 4 pm-ish	Monthly all year except December Venues vary – contact June 0407 187 300
Men's Forum	<input type="checkbox"/>	2 nd Sunday of month	2.00 pm – 4pm-ish	David Fletcher's house, Garden Island Creek
Play Reading	<input type="checkbox"/>	Tuesday	1.30 pm – 4.00 pm	Weekly, Health Centre 1 Frederick St
Writers' A - Skills	<input type="checkbox"/>	Tuesday	10.00 am – 12.00 noon	Weekly, Health Centre 1 Frederick St
Writers' B – Discussion & support	<input type="checkbox"/>	Last Friday of month	10.00 am – 12.00 noon	Monthly, Life Centre 8 Mary St

BOOKING FOR SPECIAL EVENTS

No pre-paid sessions this term

SECTION 3 - PAYMENT DETAILS 2021

If you paid last year, you do not have to pay general membership this year (but you still MUST register and pay for any pre-paid events)

MEMBERSHIP

I ENCLOSE \$45.00 for 2021 MEMBERSHIP FEES (3 Terms) \$

SPECIAL EVENTS PRE- PAID

There are no prepaid events this term

TOTAL PAYMENT ENCLOSED \$ _____

Please circle your method of payment: **Cash** **Cheque** **Money Order**

A receipt will be issued for all payments. **If pre-paid events are full, we will refund your payment**

Please send forms, with payment, to:
Treasurer,
U3A Cygnet, P O Box 216, CYGNET TAS 7112

by Wednesday 24 February – earlier is very helpful for us.
If you are unable to post payment, you can register in person on 24 February
at the Life Centre, 8 Mary St from 10 am -12 noon

(when hard copies of the current program may also be collected).

We accept cheques/money orders/cash – cheques/money orders to be made out to **U3A CYGNET.**

MEMBERSHIP FEES

- **\$45 Annual** Individual Membership allows attendance at any number of weekly courses that **calendar** year (subject to course number limitations). New members joining in Term 2 pay \$35; Term 3 \$25. Members pay \$1 per session for tea/coffee/biscuits. Social activities such as luncheons and excursions **may** require a Booking Fee.
- Non-Members coming as guests are asked to make a \$2.00 contribution whenever they attend a course or social activity, so that they are covered by our public liability insurance.

Refunds Policy

Please note we are not able to give refunds for bookings for special events. Members who find they can't come to a paid event normally try to sell their ticket to someone else, as they would for a concert or theatre booking. The exception is that if we are unable to accept your payment because an event is full, we will refund it to you.

