



Painting by Jill Miller with permission

U3A Program

Term 1, 2023

Term 1	Monday 6 March - Friday 12 May
Term 2	Tuesday 13 June - Friday 18 August
Term 3	Monday 18 Sept - Friday 24 November

Register for term 1 by Wednesday 22 February

Registration and Booking forms on last pages

If you are unable to post payment, you can register/book in person on Wednesday 22 February at the [Enjoy.Church](#), 8 Mary St from 10 am – 12 noon (when hard copies of the current program may, if necessary, also be collected).

U3A Cygnet acknowledges the traditional owners of the land on which we meet, the Melukerdee. We pay our respects to elders past, present and emerging.

U3A Cygnet thanks Nic Street, MHA for Franklin, for his generous support in printing this Program.

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Registration and Booking form on last pages

Please note these changes to our program since term 3 2022

- We have a new tutored **Drawing for Beginners** program, and a new activity for **Ladies Who Lunch**
- Some of the venues we use or visit have their own **Covid restriction procedures** – please arrive early to allow time for these. All our activities comply with current Covid restrictions. [We monitor this closely on the government website](#) and will let you know of any changes.
- **Smorgasbord** has been extended to finish at 12.15, to allow for a longer morning tea.

Classes are held at:

- [Community Health Centre, 1 Frederick Street Cygnet](#)
 - [Enjoy.Church, 8 Mary Street Cygnet](#)

(these links go to Google Maps)

Program at a Glance

A Smorgasbord of Talks	Wednesdays	10.00 – 12.15	Enjoy.Church , weekly
Art Group *	Wednesdays	2.00 – 4.00	Health Centre , room 4, weekly
Book Groups:			
Book Club (themes) *	Last Monday of the month	1.30 - 4.00	Health Centre , room 4, Jan-Nov
Reading Group (specific books)*	Second last Monday of the month	1.30 – 4.00	Health Centre , room 4, Jan-Nov
Creative Writing for All (two groups)*	Tuesdays	10.00 – 12.00	Health Centre , room 4, weekly
	Last Friday of each month (starting on Friday 31 March)	10.00 - 12.30	Enjoy.Church , monthly
Drawing (Beginners)*	Thursdays	1.30 - 4.00	Health Centre , room 4
Family History *	First Monday of the month	1.30 – 4.00	Health Centre , Room 4, <i>or as advised</i> , Feb - Dec
Ladies Who Lunch*	Meet during Term breaks, venues vary. Coordinator contacts those who have registered interest		
Men's Forum *	2 nd Sunday of the month except Christmas break	2.00 – 4-ish	David Fletcher's house, Garden Island Creek
Play Reading *	Tuesdays	1.30 – 4.00	Health Centre , room 4, weekly

*Booking essential for these groups

Committee

Name	Position	Phone	Email
Elaine Reeves	Chairperson; Garden & Gourmet	0427 172 179	elaine.reeves@antmail.com.au
Glenn Sanders	Secretary; Technology	0428 444 812	sandersinfo@gmail.com
June Cunningham	Treasurer; Public Officer	0407 187 300	junecunningham@gmail.com
Suzanne Brown	Publicity	0421 931 902	suzannebrown39@gmail.com
Catriona Fletcher	Catering	6297 8240	celfletcher48@gmail.com
Mary-Kate Pickett	Programs	0408 160 700	marycate59@me.com
David Sands	Accommodation	6295 0518	dsa12295@bigpond.net.au
Louise Stewart	Membership	0474 078 641	louisest@inet.net.au

1. Introduction

Welcome to our program for term 1, 2023.

Our principles

U3A Cygnet is a co-operative learning community (that's *the university*) for retired and semi-retired people (that's the *third age*), run by volunteers on a non-profit basis. We aim to encourage the pursuit of learning and the opportunity to acquire new skills and experiences in an informal and friendly atmosphere. ***There are no entry qualifications, assessments or awards.***

Communications

This Program is the main way we tell people what's in our educational and social program for the coming months. We publish it three times a year. Download it from our [website](#), where you can also download our constitution, registration forms and other membership information. If necessary we can provide hardcopy of any of these items.

We also publish an occasional email newsletter to keep members up to date with news, items of interest, and forthcoming events, plus any last-minute changes to the Program.

New members

If you'd like to join U3A Cygnet, please fill out the registration form at the end of this Program, or if you wish to come to a few sessions as a guest while you sound us out, contact our Membership Secretary (details on page 3 of this Program, or on our [website](#)).

Questions, suggestions, comments

Whether you are a member or not, we'd love to hear from you! Feel free to use any of the contact details on page 3 of this Program, or on our [website](#).

ALL MEMBERS need to register for U3A at the beginning of each year, with your contact details and booking preferences.

Do I need to book my place for a particular course?

- Yes if the course has limited numbers- please read carefully!

- **Art Continuers, Book Club, Drawing, Family History, Men's Forum, Play Reading, Creative Writers:**
 - These courses have limited numbers. **Please book on the form**
 - **If you attended in 2022 and wish to continue, you still need to re-book for this year.**
 - **If you wish to attend for the first time, you will need to book.**
- If a course fills and we aren't able to offer you a place, we will let you know and will put you on a waiting list.
- **For courses without limits on numbers** (Smorgasbord and Garden & Gourmet): you do not need to book - any member is welcome to attend, and you don't need to attend every session.
- **Ladies who Lunch:** Register your interest on the form; the convenor will contact those on the list when she plans each event
- **Special events** where there is a pre-paid fee and/or limited numbers – **please book on the form**

Please return your forms by Wednesday 22 February– earlier helps us!

If you are unable to mail your registration, you can register in person on Wednesday 22 February at [Enjoy.Church](#), 8 Mary St from 10 am -12 noon

2. A Smorgasbord of Talks

What	A series of interesting, stimulating talks on a wide variety of topics, with plenty of opportunity to discuss and ask questions
When	10.00 – 12.15 Wednesdays, weekly
Where	Enjoy.Church , 8 Mary St, next to the Port Hole Cafe (carpark at rear)
Convener	Mary-Kate Pickett 0408 160 700

8 March	<p>Skeletons in the closet: an adoptee uncovering her past – Ros Escott</p> <p>Liz Watson always knew she was adopted. In her twenties, before it was legally enabled, she used persistence and determination to find her birth mother. She then uncovered her mother’s sad tale that ended with her being in the New Norfolk Asylum. Thirty years later, Ros and Liz wrote a book about Liz’s life and that of her ancestors, which included a search for Liz’s father using Ancestry DNA. Two very different routes to family discovery, which resulted in <i>Uncovering My Past</i> by Liz Watson, available for loan from Libraries Tasmania.</p>
15 March	<p>A young woman in Antarctica - Ulla Knox-Little</p> <p>Ulla Knox-Little was 26 when she first went to Antarctica in 1981 as a radio operator. Altogether, she spent three years in Antarctica in winter and summer at Mawson, Davis and Casey. There were also stints at Macquarie Island and Greenland in the northern summer, as well as long ocean voyages working 12-14 hours a day in the radio room of such famous ships as Nella Dan. Early in her career with the ANARE Ulla met her late husband Mike – over the airwaves using morse code.</p>
22 March	<p>Local, resilient food economies - Emily Samuels-Ballantyne</p> <p>Emily is the projects officer for the emerging Huon Valley Food Hub, our local version of more than 400 food hubs throughout the world. The hub is co-designed by Huon Valley retailers, consumers and small producers, who have already begun to experiment with regenerative agriculture and to explore ways to distribute produce in creative and decentralised ways. The project also aims to influence local food policies such as procurement, investment, agri-tourism, food processing and food security.</p>
29 March	<p>London’s parks and gardens – Suzanne Brown</p> <p>London’s parks and gardens cover some 35,000 acres, providing oases of calm for its eight million inhabitants. If you’ve visited, you’ve probably enjoyed strolling in one or more of the 3000 green spaces in the capital. We will delve into history, architecture and plants while visiting a handful of wonderful places. Where would you find a famous landmark that’s in the wrong place, wasabi and guava in cultivation, Peter Pan’s statue, a memorial to Ian Dury, a breeding population of hedgehogs, and the only thatched roof in London? Come along to find out.</p>

Smorgasbord continues on the next page . . .

5 April	<p>Stories of Kunanyi/Mt Wellington – Maria Grist</p> <p>Maria and John Grist have been researching the history of Kunanyi / Mt Wellington for decades, sparked by an interest in the lost huts. Maria will share some of their vast collection of images, including remnants of convict days and early use of the mountain as a recreational playground. Some of the more beautiful images from early European days include the suite of huts created in the ornate Arts and Crafts Movement style of the 1900s.</p>
12 April	<p>No talk - Easter break</p>
19 April	<p>My scandalous grandfather: why family history becomes addictive – June Cunningham</p> <p>They say every family has a secret. June never met her grandparents, and did not even have a photograph, but there was some gossip. When she set out to find them, the skeletons tumbled out and scandals multiplied. In this session she'll share how she discovered the surprising misdemeanours of her grandfather across the UK, India and the Middle East. Do you have secrets in your family closet? As June unravels her extraordinary findings, she will explain how she did the research, to help you start your journey. Even if you aren't interested in doing your own genealogy, just enjoy the ripping detective story.</p>
26 April	<p>A famous late 18th century ship – David Fletcher</p> <p>You will have heard of this ship, but in the background. David gives starring role to the cargo vessel of the collier type, built in 1784 at Kingston upon Hull. Just six years later, on 23 January 1790, it was destroyed in a very remote part of the world. He will fill in all the details of this vessel's short but dramatic life, and the people involved.</p>
3 May	<p>Jazz of the brothers Marsalis – David Sands</p> <p>Branford Marsalis, 62, American saxophonist, composer and band leader, is the elder brother of Wynton (trumpet), Delfeayo (trombonist), and Jason (drummer). He leads the Branford Marsalis Quartet, and performs frequently as a soloist with classical ensembles. The first half will be devoted to him, and the second to Wynton Marsalis, 61, who is also a composer, teacher, and artistic director of Jazz at Lincoln Center. The program will be as varied as is possible from an almost overwhelming discography.</p>
10 May	<p>Your digital legacy – Graeme Ingram</p> <p>As we live more and more online, it is good to think about our digital assets and how we want them managed as part of our estate. This session will cover what our digital legacy is and what sort of things we need to think about: how to store information and photos so that they can be shared with others; and storing passwords and deciding who should have access to our accounts. Graeme will not provide legal advice, but will give some handy things to think about when planning what happens to your online presence.</p>

3. Art Group

What	This group is not restricted to any type of art but includes painting mediums such as watercolours, acrylics and pastel. It is an opportunity to socialize, learn and share experiences with other potential artists in an informal setting . Pauline will give guidance, particularly to beginners. See also our new Drawing Beginners group
When	Wednesdays, weekly, 2.00 – 4.00pm
Where	Normally at the Community Health Centre , 1 Frederick Street, room 4. During any Covid events this may be varied by agreement with participants.
Convenor	Pauline Rix
Note:	Places are limited: please book using the form at the back of this program

4. Book Groups

We have two separate groups involved in books: the Book Club, which discusses themes, and the Reading Group, which discusses specific books.	
Book Club (Themes)	
What	2023 will offer another great range of themes for our members to select interesting books to discuss and share. This year’s themes include Food, Adventure, Animals, A Book in your house that you have not read, an Ian Irvine book, Escapism or simply Free Range.
When	1.30 – 4.00pm on the last Monday of every month (no stopping for term breaks)
Where	Community Health Centre , 1 Frederick Street, room 4 (allow time to register using the Centre’s Covid restrictions procedure)
Convener	Lyn Glover, 0477 550 171
Note:	Places are limited: please book using the form at the back of this program
Reading Group (Specific books)	
What	This group reads books chosen by Libraries Tasmania Book Groups, so it is a bit of a lucky dip. However, our discussions are always robust and humorous. We also discuss what we have been reading in our own time and offer recommendations.
When	1.30 – 4.00pm on the second last Monday of each month (no stopping for term breaks)
Where	Community Health Centre , 1 Frederick Street, room 4 (allow time to register using the Centre’s Covid restrictions procedure)
Convener	Lyn Glover, 0477 550 171
Note:	Places are limited: please book using the form at the back of this program

5. Creative Writing for All

What	<p>There are two Creative Writing groups:</p> <p>Weekly on Tuesday Morning: Have you always dreamed of writing the perfect short story? Would you like to write memoirs to add to your family tree for your descendants to read? Do you believe there's a best-selling novel in you just waiting to emerge? Or do you just want to write to kick start your creative processes? If you can identify with any or all, or you'd just like to have a go, in a friendly, supportive, and informative session, join this weekly session for two hours to share writing techniques and tips; you may even overcome writer's block! <i>Everyone is a beginner so don't hold back.</i></p> <p>Last Friday Morning of the Month: Held on the last Friday of each month, this session is open to all members so that aspirant writers can exchange written work and receive constructive, encouraging critiques from fellow members.</p>
When	<p>Weekly: 10.00 -12.00 on Tuesdays</p> <p>Monthly: 10.00 -12.30 on the last Friday of each month (starting on Friday 31 March)</p>
Where	<p>Weekly: Community Health Centre, 1 Frederick Street, room 4 (allow time to register using the Centre's Covid restrictions procedure.)</p> <p>Monthly: Enjoy.Church, 8 Mary St, next to the Port Cygnet Grocer (carpark at rear)</p>
Conveners	David Sands (0408 640 363), assisted by Paddy Riley
Note:	Please book using the form at the back of this program

6. Drawing for Absolute Beginners

What	<p>Everyone can draw, it's just a matter of having the right tools in place to do so. These classes, tutored by local artist Leanne Devereaux, will cover the five foundation blocks of drawing, and are designed for those who have little or no experience. These skills form the tools you will need to help you build confidence, knowledge and technical expertise in developing your own practice. You will be introduced to the importance of the materials used in drawing, the meaning behind the symbols/letters/numbers you see on pencils and paper and how the choice of materials can influence the outcome of the image you draw. (Materials will be supplied for the first session)</p>
When	Thursday afternoons, 1.30 - 4.00
Where	Community Health Centre , 1 Frederick Street, room 4.
Tutor	Leanne Devereaux lmdevereaux@gmail.com
Note:	Places are limited: please book using the form at the back of this program

7. Family History

What	A small group of genealogy tragnics meet to share experiences, discuss techniques and generally learn from each other. This is an interest group, not a course, and is intended for more experienced genealogists, using computer technology. If you are new to the field, we will try to provide pointers on how best to start.
When	First Monday of each month. 1.30 - 4.00pm
Where	Normally at the Community Health Centre , 1 Frederick Street, room 4, or other locations as advised (contact June)
Convener	June Cunningham 0407 187 300
Note:	Places are limited: please book using the form at the back of this program

8. Garden & Gourmet

What	Visits, talks and workshops on gardens and food, with plenty of opportunity of look, discuss and ask. Members don't have to book, and you don't have to attend every session.
When	10am to noon Thursdays, weekly.
Where	See below, and the links to Google Maps for each session.
Convener	Elaine Reeves 0427 172 179
Note:	<ul style="list-style-type: none"> • If you can, please share rides to garden visits – parking can be a problem if 20 cars arrive at once. • Use your own discretion if weather is bad. On the actual day, we have no means contacting everyone. In the main, we are a hardy bunch and have enjoyed gardens in appalling weather. • Please bring your own mug for morning tea.

9 March	<p>Round the Bend, Kettering</p> <p>Cath and Brett Browne have owned the property for almost three years. They were fortunate to take possession of an established lake, glasshouses full of citrus, an apple orchard, and many established plants and trees, including mature roses and camellias. The first job was a major prune and to open up the sightlines. Then walks, a water feature and a deck by the lake were built. Planting was next, including 25 new trees.</p> <p>Address: 3434 Channel Hwy, Kettering (across from Peppermint Bay). Join some of us for lunch at Peppermint Bay afterwards. Not taking bookings.</p> <p>U3A facilitator: Jan Marciano</p>
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Garden & Gourmet continues on the next page. . .

16 March	<p>Counsel garden, Cygnet</p> <p>Paul Counsel worked on a dahlia farm as a student, and a move to Cygnet from WA four years ago meant a climate that allowed him to revive his interest. A member of the Dahlia Growers Society, he shows blooms at three shows a year. Blooms are being carefully looked after now for the show season – our visit will be in the middle of the best blooming time.</p> <p>Address: 243 Jetty Rd, Cygnet. If gate is closed, open with switch on the post.</p> <p>U3A facilitator: Helen Fitzpatrick</p>
23 March	<p>Tas-Saff, Glaziers Bay</p> <p>Terry and Nicky Noonan imported their first 5,000 crocus bulbs in 1990, and three years later got their first single flower. Six years later ten months of rain lost them ninety per cent of the bulbs and they started again – on higher ground. Horticulture and weather are not the only pitfalls – there is packaging, marketing and a network of other growers to manage. Their son Patrick has joined the business and diversification includes confectionery, preserves and gin and vodka, plus a stall at Salamanca Market.</p> <p>Address: 155 Dillons Hill Rd, Glaziers Bay. Parking at the top of the drive.</p> <p>U3A facilitator: Elaine Reeves</p>
30 March	<p>Hamlett garden, Mountain River</p> <p>Jacqui and David Hamlett’s garden is a romantic cottage style, crafted over the past ten years from a start of pasture and blackberries. They built their dream home and garden together when they retired. Every rock in the numerous garden walls and paths came out of their ground. They grow vegetables and fruit trees and keep chickens and cows. Their son was married in the garden last summer.</p> <p>Address: 213 Mountain River Rd, Mountain River.</p> <p>U3a facilitator: Jan Marciano</p>
6 April	<p>Lanes End, Glen Huon</p> <p>Peter and Robyn Marmion began fashioning this large garden from a blackberry patch in 1987. Lanes End has a mixture of native and exotic plants and has been designed following Edna Walling principles to be a haven for wildlife, especially birds. More than seventy species have been spotted. The garden is easy to stroll through. See sculptures by Sally Brown, Folko Cooper, Kath Lee and ceramics by Zsolt Faludi.</p> <p>Address: 174 Lanes Road, Glen Huon.</p> <p>U3A facilitator: Jan Marciano</p>
13 April	<p>No garden visit. Easter week.</p>

Garden & Gourmet continues on the next page. . .

<p>20 April</p>	<p>Cloudbreak, Lower Wattle Grove</p> <p>When Steve and Sharon Ireland bought this property it had a run-down farm house and not much garden. For three years they renovated the house, then started on the garden. It features paths, wide borders and mass plantings. Old apple trees underpin a new orchard. Steve uses wicking beds in his vegetable garden, which includes bathtubs of asparagus. Metal structures and recycled materials add character to the garden.</p> <p>Address: 1052 Cygnet Coast Rd, Lower Wattle Grove.</p> <p>U3A facilitator: Jan Marciano</p>
<p>27 April</p>	<p>Minnamoora, Franklin</p> <p>Algernon Clark built the house when he married Gertrude in 1916 on land bought in 1836 by his grandfather John Clark. They soon established a garden, but few of the original plantings remain. Graham and Gina Clark moved in when they married in 1981, and they began re-establishing the garden. They love their trees for the shade and privacy they provide. Graham is the mower, chopper and sprayer of the team. Gina is the weeder, mulcher, trimmer and purchaser of plants. They retired eighteen months ago and now enjoy much more time in their garden.</p> <p>Address: 3166 Huon Highway, Franklin. The driveway is on the right 5km south of Huonville Bridge. In the driveway, take the fork to the right.</p> <p>U3A facilitator: Jan Marciano</p>
<p>4 May</p>	<p>Harvest and Light, Geeveston</p> <p>Cassy Faux opened this business in 2017. The harvest refers to her pickled and preserved goods; the light, to her extremely close-up photographs (she trained in scientific photography). Cassy will talk to us about preserving, where her ingredients come from in the very near vicinity, and her photography. If you would like to stay on at noon for lunch please let Elaine know at elaine.reeves@antmail.com.au.</p> <p>Address: 13 Church St, Geeveston. Parking lot behind Geeveston Visitors Centre.</p> <p>U3A facilitator: Elaine Reeves</p>
<p>11 May</p>	<p>Ladies bring a plate, Lymington</p> <p>For our end-of-term get-together we will gather at Jan Marciano's for a tour of her garden and then lunch (we may well go beyond noon). There are millions of recipes in the world, but a friend's recipe, especially one you have tried, has added attraction. Bring some food to share, but also something for show and tell on the recipes, tools, derivation, for your signature offerings when asked to bring a plate. Also bring cuttings, seedlings, cut flowers, preserves, baking etc for a swap meet.</p> <p>Address: 630 Lymington Road, Lymington. Parking at top of drive.</p> <p>U3A facilitator: Elaine Reeves</p>

9. Ladies Who Lunch

What	Ladies Who Lunch is an opportunity for social gatherings during the Term breaks. We met for the first time in 2022 at the Old Bank in Cygnet, then in February at Osteria in Franklin. Our next lunch will be in the Easter break, at a venue yet to be chosen. If you wish to join this group and receive notification of events, please send an expression of interest to Convenor Lyn Glover
When	In term breaks. Convenor will contact those who have registered interest
Where	Venues vary
Convener	Lyn Glover - zumaglover136@gmail.com or ring/text 0477 550 171.
Note:	Places are limited: please express your interest using the form at the back of this program, even if you were on the 2022 list

10. Men's Forum

What	The Men's forum meets to socialize and discuss topics of interest, relevance or concern.
When	2.00 – 4.00pm, second Sunday of each month except during the Christmas break
Where	David Fletcher's house, Garden Island Creek
Convener	David Fletcher, 6297 8240
Note:	Places are limited: please book using the form at the back of this program

11. Play Reading

What	Drama, Comedy, Mystery, Crime – we do it all! Come to the U3A Cygnet Play Reading group and spend a couple of hours experiencing the joys and sorrows of other lives, lived in other places and at other times. You don't have to have great acting skills – just be able to read, enjoy being entertained and love laughing. Beginners welcome.
When	Tuesdays, 1.30 - 4.00pm, weekly
Where	Community Health Centre , 1 Frederick Street, room 4 (allow time to register using the Centre's Covid restrictions procedure)
Convener	Catriona Fletcher 6297 8240
Note:	Places are limited: please book using the form at the back of this program